

Dance Syllabus 2024-2025 Primary

*All links are only for reference purpose

*Changes can be there as per requirement (event/occasion/state)

Class II

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April – May	July- August	Sept- Oct	Nov- Dec	Jan- Feb
<p>Revision of previous class. Action/movements of birds , animals with sounds.</p> <p>Actions /dance for e.g. Five little monkeys https://youtu.be/lxF0iayJR5</p> <p>Gummy bear https://youtu.be/6Q7-tzCC3w</p>	<p>Actions on birthday song for e.g.</p> <p>Happy Birthday https://youtu.be/4FQKh3hMeqM</p> <p>“When the Ants go marching in https://youtu.be/Piw2A3QU8Qg</p>	<p>Action/dance for e.g. Deep deep Deep https://youtu.be/oZhwagxWzOc</p>	<p>Actions/dance on Festival</p>	<p>Actions on songs “Nachegi Gudiya chham chhama cham”</p> <p>Actions /dance on regional NCERT -Community songs Aata uthabu..... https://youtu.be/4kwpxM6olhM</p> <p>Aakash ganga..... https://youtu.be/dRASgUhbYbk</p> <p>https://youtu.be/xJFWGXBDMfQ</p>

Learning outcome

- *Imitates body movement of natural surroundings like- animals, birds, people around.
- * Dance to any rhythmic music.
- * Moves of different parts of the body like shoulder, waist ,hands, feet etc.
- * Body balance while making different dance movements.

Asamyutha hastas



Pathakam



Tirupathakam



Ardhapathakam



Kartarimukham



Mayuram



Ardhachandran



Aralam



Shukathundam



Mushti



Shikaram



Kapitham



Katakamukham



Suchi



Chandrakala



Padmakosam



Sarpasirsham



Mrigasirsham



simhamukham



kangulam



Alapadmam



chaturam



Bramharam



Hamsasyam



Hamsapakshakam



Sandamsham



Mukulam



Tamarachuda



Trisoolam

<https://youtu.be/W-fPeR474B8>

(Show me a tree)

https://youtu.be/sJfyD3C_SMc

Body parts- (fearfully and wonderfully designed)

<https://youtu.be/kEzRtk5JV9I>

Thank-you god

<https://youtu.be/WZJAkmT3Rg>

Basic movements of body

<https://youtu.be/dW-jM2ktW4A>

Baby shark (rhythm base)

<https://youtu.be/ymigWt5TOV8>

Easy dance (zumba style)

<https://youtu.be/4m4q-WXWVYg>

Scooby-Doo papa (rhythm base)

<https://youtu.be/tHOMIy0VCoY>

Itsy bitsy(direction based dance)

<https://youtu.be/YRnSht-ONtU>

Let's discover let's explore

<https://youtu.be/VT6PAR k a0>

The lion story (action and steps variations)

<https://youtu.be/SH-7A3NVQbY>

Dance party under the sea

<https://youtu.be/0ebf3dGGdFg>

Freeze dance

<https://youtu.be/ii295Cy7R2k>

Dance in weekdays..

<https://youtu.be/7PXV3dwaeNU>

One more steps (invocation dance)

<https://youtu.be/52pdktAMDe4>

Jump up (action based)